

Labor Day Closures

In celebration of the Labor Day holiday, all Offices and the Greeting Card Corner will be closed on Monday, September 5. Also, Transportation will not be available; the 2nd Floor Wellness; all exercise classes and Vespers/Prayer Group have been cancelled; and the Dining Room will observe holiday hours from 11:00 a.m. to 3:00 p.m. The Village Café & Bakery will close at 10:00 a.m. on this day. Please plan your purchases at the Café accordingly.

Labor Day with the Andy Martin Trio

A Labor Day meal will be served on Monday, September 5, from 11 AM to 3 PM in the Dining Room. Huseyin Isguzar and his crew are working hard at preparing a delicious meal for you to enjoy. *The Andy Martin Trio* will provide entertainment between 12:30 PM and 3:30 PM in the Elevator Lobby.

Labor Day Housekeeping Schedule

Residents scheduled for Housekeeping Service on Monday, September 5, will be serviced on Tuesday, September 6. Residents scheduled for Housekeeping Service on Tuesday, September 6, will be missed. The remainder of the week will have regular Housekeeping Service.

Resident Floor Meetings

Floor Meetings for all floors will be held on Monday, September 5, at 10 AM in the Floor Lounges.

Tuesday's Shopping Trip to Walmart

On Tuesday, September 6, the 1:30 p.m. Walmart trip will head to the Tarpon Square Walmart in Tarpon Springs, instead of the Walmart in Palm Harbor. In addition to Walmart, Tarpon Square includes other shopping favorites such as Bealls Outlet, Staples, Big Lots, Sally Beauty, and Dollar Tree. After Tuesday's trip, be sure to let the drivers know if you prefer the Tarpon Square location.

Prohibition Kitchen Dinner Outing

Come along on a dinner outing to *Prohibition Kitchen* in Dunedin on Wednesday, September 14, at 3:30 PM. Dinner is "on your own". *Prohibition Kitchen* is a pub that serves gourmet comfort food including BBQ-inspired dishes, handcrafted cocktails, 37 Taps, and an in-house bakery! *Spaces are still available. Sign up in the Administration Office.*

Doc Talk: Hip and Knee Arthritis

The next Doc Talk will take place on Tuesday, September 6, at 12 PM in the Chapel. Please join Dr. Christopher James, Orthopedic Surgeon, as he discusses Hip and Knee Arthritis and treatments to relieve your pain. Bring your questions and Dr. James will give you the answers.

Saturday Normal Menu Dining

Please be aware that Saturday dining (11:00 a.m. to 3:00 p.m.) will no longer feature a brunch. We will now have normal menu dining every day of the week.

Holocaust Museum Trip

Residents signed up to go to the Holocaust Museum and "lunch on your own" at OCC (Orange County Choppers) restaurant on Wednesday, September 7, are reminded to meet in the Front Lobby in time to board the 9:00 a.m. bus. All attendees must wear a mask or face covering during the visit to the Holocaust Museum.

September Birthday & Anniversary

The September Birthday and Anniversary Celebration will be held on Friday, September 16, at 3:00 p.m. in the Chapel. Entertainment will be provided by Stacey Knights, jazz singer and multi-instrument player. Residents celebrating a birthday or anniversary this month are asked to please sign up on the main bulletin board and to come down a little early on the afternoon of the show to have your picture taken.

Calendar of Events

Sunday, September 4, 2022

- 9:30 Stretch with Dee Video - Channel 732
10:00 Worship Service - Chapel; Channel 732;
Luke 14:25-33 "Jesus says: Disciples, give up your possessions and carry the cross" —Pr. Bill Magee
1:30 Pilates with Dee Video - Channel 732
6:30 Village Movie - Chapel

Monday, September 5, 2022

The Village Café & Bakery Closes at 10:00 a.m.

All Offices Closed

2nd Floor Wellness Closed

All Exercise Classes Cancelled

Vespers/Prayer Group Cancelled

The Greeting Card Corner Closed

Housekeeping & Transportation not available Today

Holiday Hours in the Dining Room 11:00 am - 3:00 pm

- 9:30 Stretch with Dee Video - Channel 732
10:00 Floor Meetings - All Floor Lounges
12:30 Andy Martin Trio until 3:30- Elevator Lobby
1:30 Pilates with Dee Video - Channel 732
6:30 Rummikub - 3rd Floor Lounge
7:00 Shuffleboard - IL Courtyard

Tuesday, September 6, 2022

- 7:00 BayCare Lab Svcs til 8 - 2nd Floor Wellness
8:00 Men's Breakfast Club - Back Door Bistro
9:30 Stretch with Dee Video - Channel 732
10:00 Just Ask Jeff - RSVP Req.- Bishop Club Rm
10:00 Alterations & Sewing until 12 - Hobby Rm
10:00 Aquacise - Pool
10:30 Needlers & Hookers til 12 - 3rd Flr Lounge
10:30 Off Topic Bible Study - Apt. 201
11:00 Balance Exercises - Wellness Center
12:00 DocTalk - Hip & Knee Arthritis - Chapel
1:00 Wellness Checks w/Resident Nurse until 2
1:30 Pilates with Dee Video - Channel 732
1:30 Open Seating Bus to **Tarpon Square** Walmart
6:30 Dominoes - 2nd Floor Lounge

Wednesday, September 7, 2022

- 9:00 Bus leaves for Holocaust Museum/Lunch
9:30 Stretch with Dee Video - Channel 732
10:00 Alexa Q&A with Dylan - Chapel

(continued next column)

Adults at Leisure at Ruth Eckerd Hall

SMV will provide transportation at 12:15 PM to the Adults at Leisure Series at REH. Adults at Leisure programs range from "Mutts Gone Nutz", to "Barbara Eden" to "114 Years of Broadway," and more. Shows are held Sunday afternoons and are about 2 hours in length. The cost is \$312 for the nine show package for last year's ticket holders (this includes a credit for "World of Musicals" which was rescheduled for 1/22/22). If you did not attend last season, the nine-show package is \$351 (\$39 each show).

The shows are as follows:

- 1/08/22 @ 1PM Elvis Birthday Bash
1/22/22 @ 1PM World of Musicals (*last season's ticket, still good for this show!*)
1/29/22 @ 1PM The Bronx Wanderers
2/05/22 @ 1PM Mutts Gone Nuts
2/19/22 @ 1PM Stayin Alive Bee Gee's
3/02/22 @ 1:00 PM 114 Years of Broadway
3/5/22 @ 1PM Cher: The Beat Goes On
3/19/22 @ 1PM Top of the World
Carpenter's tribute
4/2/22 @ 1PM Barbara Eden

If interested please sign up in the Administration Office. Make checks payable to Ruth Eckerd Hall. The last day to sign-up for these shows is Thursday, September 8, and there are no refunds!

Book Review

Join Mr. Coppola's next Book Review on Friday, September 9, at 1:30 PM in the 2nd Floor Lounge. He will review the book, *The Lincoln Highway* by Amor Towles.

THE
Lively Mark

For the Residents of St. Mark Village

Jeff Gorddard, CEO

Editor: Ellen Wade

Layout and Design: Marlene Di Maria

Wednesday, September 7, 2022 *(concluded from previous column)*

- 11:00 Midweek Movie Matinee - Chapel
- 11:00 Sittercise - Wellness Center
- 1:00 Greeting Card Corner until 3 - Library
- 1:00 The Sanders of SMV - Hobby Room
- 1:00 Wellness Checks w/Resident Nurse until 2
- 1:30 Pilates with Dee Video - Channel 732
- 1:30 Open Seating on Bus to Publix
- 6:30 Midweek Movie - Chapel
- 6:30 Rummikub - 4th Floor Lounge

Thursday, September 8, 2022

- 8:30 Gentle Mat Yoga - Wellness Center
- 9:30 Catholic Communion - 4th Floor Lounge
- 9:30 Stretch with Dee Video - Channel 732
- 12:45 Sunday Choir Chorus Practice - Chapel
- 1:00 Pinochle - 3rd Floor Lounge
- 1:00 Wellness Checks w/Resident Nurse until 2
- 1:00 Chair Yoga - Wellness Center
- 1:30 Pilates with Dee Video - Channel 732
- 1:30 Open Seating on Bus to Publix
- 2:00 Line Dancing - Dance Floor
- 7:00 BINGO - Bishop Club Room

Friday, September 9, 2022

- 9:30 Stretch with Dee Video - Channel 732
- 10:00 Craft Class - Hobby Room
- 10:00 Men's Fitness - Wellness Center
- 11:00 Conservative Bible Study - 4th Floor Lounge
- 11:00 Sittercise - Wellness Center
- 1:00 Greeting Card Corner until 3 - Library
- 1:00 Menu Assistance for Visually Impaired-Club R
- 1:00 Wellness Checks w/Resident Nurse til 2
- 1:30 Book Review - 2nd Floor Lounge
- 1:30 Pilates with Dee Video - Channel 732
- 1:30 Open Seating on Bus to Walgreens
- 6:30 Village Movie - Chapel
- 6:30 Canasta - 5th Floor Lounge

Saturday, September 10, 2022

- 9:30 Stretch with Dee Video - Channel 732
- 10:00 Fun Chorus Practice - Chapel
- 1:00 Village Movie Matinee - Chapel
- 1:00 Bus leaves for Frances Wilson Playhouse
- 1:30 Pilates with Dee Video - Channel 732
- 6:30 Village Movie - Chapel
- 6:30 Bridge - Bishop Club Room

OUR MISSION:

To enrich the lives of the Residents we serve by creating an environment that fulfills their every need—body, mind and spirit.

Optional Emergency System Using Your Alexa Device

As announced last week, we have a new optional Emergency System available here at St. Mark Village. We have created the ability for you to utilize your Amazon Echo (Alexa) for help. Alexa is a virtual assistant - essentially a digital voice that can recognize spoken commands and then talk back. We can set up Alexa to notify the St. Mark Village Emergency Alert system when you or someone in your apartment says, "Alexa, call for help." Amazon Echo devices are available for purchase from IT. Still have questions? Join the Alexa Q&A with Dylan on Wednesday, September 7, at 10:00 AM in the Chapel.

Midweek Movie

The Midweek Movie for Wednesday, September 7, will be *World Trade Center*. This 2006 docudrama disaster film starring Nicolas Cage is based on the experience of police officers during the 9/11 attacks of the World Trade Center. Rated PG-13 for intense and emotional content, some disturbing images, and language. 2 hours and 8 minutes.

Upcoming Events

- Sept. 12 Arm Chair Travel - 6:30p
- Sept. 12 Mitzl's Artwork - 10a-2p
- Sept. 13 Choice Hearing Solutions-9:30a
- Sept. 13 Healthy Vision Eye Screenings-11:15a
- Sept. 14 Trip to Prohibition Kitchen-Bus 3:30p
- Sept. 14 Organ Music w/Dick Rydberg-6:30p
- Sept. 16 Birthday & Anniversary Cel. - 3p
- Nov. 8 Holiday Market - Donations now being accepted in the Hobby Room

“Just Ask Jeff”

Come join Jeff Gorddard, CEO, for conversation and camaraderie at “Just Ask Jeff” on Tuesday, September 6, at 10 AM in the Bishop Club Room. Please RSVP in the Administration Office to join.

Resident Birthdays and Anniversaries

Birthdays

Kay W.	September 6
Agnes K.	September 7
Betty M.	September 8
Dick C.	September 10

Anniversaries

Leslie & Marjorie C.	September 5
Jon & Mary Z.	September 8
David & Judy M.	September 10

Lutheran Disaster Response

A big Thank You to everyone who contributed to the Disaster Response to assist flood victims in the area of KY and surrounding states. Floods in recent weeks have also created many problems in LA, MS, and AL. \$1,445 has been collected so far. If you did not have an opportunity to contribute, and would like to, please drop off a check in the Administration Office payable to: Lutheran Disaster Response (LDR). All contributions will be forwarded to the LDR and used 100% for direct response. The cutoff date for this extended response is September 9. -Klaus K.

Village Movie: Respect ★ ★ ★

Fri. 9/2; Sat. 9/3; Sun. 9/4* 6:30 PM Chapel
Saturday Matinee, 9/3* 1:00 PM Chapel

Director: Liesl Tommy. **Cast:** Jennifer Hudson, Forest Whitaker, Marlon Wayans, Mary J. Blige

Follow the rise of Aretha Franklin’s career from a young child singing in her father’s church’s choir to her international superstardom in the remarkable true story of the journey to find her voice and become the Queen of Soul. Drama. 2021; 2 hrs. 25 mins. **Rated PG-13** for mature thematic content, strong language including racial epithets, violence, suggestive material, and smoking. **Closed caption if available.*

Mitzi’s Artwork

Stop by the South Hall on Monday September 12 from 10:00 a.m. to 2:00 p.m. and browse Mitzi’s artwork. She will have a selection of painted barks, home-made greeting cards, dried flower jewelry and more.

Arm Chair Travel

Sit back, relax, and travel the best of world cruises with Questar, Inc. on Monday, September 12, at 6:30 p.m. in the Chapel. Cruise to Alaska, Caribbean, Europe, Greece, Mexico, and more. This 2009 DVD is 1 hour and 47 minutes.

Men’s Breakfast Club

Our Men’s Breakfast Club will resume meetings on Tuesday, September 6, at 8 AM in the Back Door Bistro. All St. Mark Village men are encouraged to attend. The cost is \$4 for a delicious breakfast and an informative speaker. You’ll enjoy a very interesting talk with our Director of Human Resources, Mary Mason. Please sign-up on the Main Bulletin Board to save your seat so you too can learn all about the challenges of finding the right person for the right position here at our Village. —Russ Z.

THE PEOPLE OF ST. MARK VILLAGE

A WARM WELCOME IS EXTENDED TO:

Kenneth N. and
Nila P.

Care Center:

Sylvia A.
Donald B.
Phyllis C.
Lois L.
Diane L.
Marian M.
Phyllis M.
Alice S.
Ruth S.
Patricia S.
Helen Z.

In The Hospital:

Jean D.
Brenda M.

Returned to Apartment:

Bud S.
Miriam S.

Transfers:

Gladys D.

A Fond Farewell To:

George L.
Helen T.
Billy Q.