



### Men's Breakfast Club

On Tuesday, Mar. 12 the Men's Breakfast Club will meet at 8:00 a.m. in the Back Door Bistro. Our speaker will be Jenna Byrne of the Water Warrior Alliance which encourages the community to join forces to fight against plastic pollution in Tampa Bay. She has established a statewide adoption program to prevent debris from entering our waterways called "Adopt A Watergoat". Watergoats are marine debris barriers, and were recently adopted by the student government at the USF St. Petersburg campus. All men are invited to attend the breakfast for only \$4.00. Be sure and sign up on the sheet on the Elevator Lobby bulletin board.

### White Elephant Sale - Save the Date

Hold the date, August 21 from 10:00 a.m. to 3:00 p.m. for a garage/white elephant sale in the South Hall. Please bring your items for this sale to the Hobby Room starting Mar. 20 for the August sale. Please, no clothes, shoes, or big furniture items. We are looking for knick-knacks, kitchen items, glassware, costume jewelry, purses, flower arrangements and more.

### Dunedin Concert Band & Clarinet Choir

Come to the Chapel on Saturday, March 16 at 3:00 p.m. to hear the Dunedin Concert Band & Clarinet Band perform under the leadership of Artistic Director and Conductor Dr. Martin H. Seggelke. This collection of dedicated woodwind, brass and percussion players perform regularly and challenge themselves to present invigorating performances of several concert programs throughout the year.

### Choice Hearing Solutions

Come to the 2nd Floor Nurse's Office on Tuesday, Mar. 12 at 9:30 a.m. for a Hearing Clinic from Choice Hearing Solutions. There will be a sign-up sheet on Monday, Mar. 11 in front of the library.



### Resident Birthdays

#### *Birthdays*

Barry Dupre	March 10	Apt. 408
Doris Siegel	March 10	Apt. 1217
Barbara Sensale	March 11	Apt. 2023



### March Birthday & Anniversary Celebration

The March Birthday and Anniversary Celebration will be held on Friday, Mar. 15 at 2:30 p.m. in the Chapel. The entertainment will be provided by John Timpanelli. Residents celebrating a birthday or anniversary in the month of March are asked to please sign up on the main bulletin board and to come down a little early on the afternoon of the show to have your picture taken.

### Organ Music

Join Dick Rydberg in the Elevator Lobby on Tuesday, Mar. 12 from 6:30 p.m. to 7:00 p.m. as he plays organ music. He will play familiar tunes you will enjoy.

### Nature Group with Nancy

The next nature group will be Tuesday, Mar. 12 at Moccasin Lake Park in Clearwater. The bus will leave at 9:30 a.m. Please meet outside Finance Office.

### White Heron Tea House

Those Residents signed up to go to the Tea House on Wednesday, Mar. 13 at 11:20 a.m. We will pay for our Afternoon Tea at the Tea House. Please meet outside the Finance Office.

# Calendar of Events

## Sunday, March 10, 2024

- 9:30 Stretch with Dee Video - Channel 732
- 10:00 Worship Service - Chapel/Channel 732  
Fourth Sunday in Lent - John 3:14-21  
*The lifting up of the Son of Man*
- 1:30 Pilates with Dee Video - Channel 732
- 6:30 Village Movie - Chapel

## Monday, March 11, 2024

- 9:30 Stretch with Dee Video - Channel 732
- 10:00 Menu Chat - Dining Room
- 10:30 Cornhole - South Hall
- 11:00 Sittercize - Village Wellness Studio
- 12:45 Greeting Card Corner until 2:45p - Library
- 1:00 Shuffleboard - Courtyard
- 1:00 Wellness Checks w/Resident Nurse until 2p
- 1:00 Open Seating on Bus to Publix-Departs every 30m
- 1:30 Trivia - Bishop Club Room
- 1:30 Pilates with Dee Video - Channel 732
- 2:00 Balance - Village Wellness Studio
- 3:30 Compline - Chapel/Live on Channel 732
- 6:30 Race to the Summit - Chapel

## Tuesday, March 12, 2024

- 7:00 BayCare Laboratory - 2nd Fl Wellness Clinic
- 8:00 Men's Breakfast Club - Back Door Bistro
- 9:30 Stretch with Dee Video - Channel 732
- 9:30 Nature Group - bus leaves
- 9:30 Choice Hearing - 2nd Floor Nurse's Office
- 10:00 Yoga - Village Wellness Studio
- 10:30 Needlers & Hookers until 12 - 3rd Floor Lounge
- 10:30 Off Topic Bible Study - 2nd Floor Lounge
- 1:00 Wii Bowling - 3rd and 6th Floor Lounges until 4p
- 1:00 Wellness Checks w/Resident Nurse until 2p
- 1:30 Pilates with Dee Video - Channel 732
- 1:30 Open Seating on Bus to Bealls & Marshalls
- 2:00 Silver Wheels - Elevator Lobby
- 6:30 Dominoes - 2nd Floor Lounge
- 6:30 Dick Rydberg Organ Playing - Elevator Lobby

## Wednesday, March 13, 2024

- 9:30 Stretch with Dee Video - Channel 732
- 10:00 Fitness - Village Wellness Studio
- 11:00 Midweek Movie Matinee - Chapel
- 11:00 Sittercize - Village Wellness Studio
- 11:20 White Heron Tea House - bus leaves
- 12:45 Greeting Card Corner until 2:45p - Library
- 1:00 The Sanders of SMV - Hobby Room
- 1:00 Wellness Checks w/Resident Nurse until 2p

## Alterations & Sewing

Come to the Hobby Room on Monday, Mar. 18 at 10:00 a.m. if you have alterations that are needed. Mickey Stewart will hem pants and blouses for \$10, put zippers in for \$15. Payment is required on the day of service in cash if possible, but credit cards and checks are accepted. Mickey will let you know exactly what the charge is for each alteration. She will deliver the items picked up on Monday, Apr. 1.

## Fun Chorus Concert

The Fun Chorus has been hard at work behind the scenes preparing our concert which will be Sunday, Apr. 7 at 4:00 p.m. in the Chapel. It takes a great deal of work (and laughter) to put together a concert and we love being able to share our music with you. We are always looking to add to our number so if you might be interested join us Saturday, Apr. 13 at 10:00 a.m. in the Chapel when we will begin work on our next concert. All that is needed is a willingness to sing and a love for music. We hope to see you on Apr. 7 and share a variety of music with you.

## Tampa Bay Downs

There is still room to go to the horse races on Wednesday, Apr. 3 at Tampa Bay Downs. We will have lunch on our own in the Club House. It is free admission on Wednesday and a program is \$4.00. If interested in this trip please call Ellen on Ext. 1743.

## Just Ask Jeff!

Just Ask Jeff will be on Thursday, Apr. 14 at 11:00 a.m. in the Bishop Club Room.

## The Book Marks

The next meeting of the Book Marks club will be Thursday, Mar. 21 in the Bishop Club Room at 1:00 p.m.

(continued next  
column)

THE  
*Lively Mark*

For the Residents of St. Mark Village  
Jeff Gorddard, CEO  
Editor: Ellen Wade  
Layout and Design: Carley Heinisch

(concluded from  
previous column)

- 1:30 Pilates with Dee Video - Channel 732
- 2:00 Chair Volleyball - Village Wellness Studio
- 3:00 Service - Chapel
- 3:00 Meditation - Village Wellness Studio
- 6:30 Midweek Movie - Chapel
- 6:30 Rummikub - 4th Floor Lounge

### Thursday, March 14, 2024

- 9:30 Stretch with Dee Video - Channel 732
- 9:30 Catholic Communion - 4th Floor Lounge
- 9:45 Aquacize - Pool
- 10:00 Aerobics - Village Wellness Studio
- 11:00 Just Ask Jeff - Bishop Club Room
- 11:00 Balance - Village Wellness Studio
- 11:30 Readers Theater - Hobby Room
- 12:45 Sunday Choir Chorus Practice - Chapel
- 1:00 Yoga - Village Wellness Studio
- 1:00 Open Seating on Bus to Publix-Departs every 30m
- 1:00 Pinochle - 3rd Floor Lounge
- 1:00 Wellness Checks w/Resident Nurse until 2p
- 1:30 Pilates with Dee Video - Channel 732
- 2:00 Line Dancing - Elevator Lobby
- 7:00 Bingo - Bishop Club Room

### Friday, March 15, 2024

- 9:30 Stretch with Dee Video - Channel 732
- 10:00 Crafts - Hobby Room
- 10:00 Fitness - Village Wellness Studio
- 11:00 Sittercise - Village Wellness Studio
- 11:00 Bible Study - Verse by Verse - 4th Floor Lounge
- 11:30 Irish Cafe - Cafe until 1:30p
- 12:45 Greeting Card Corner until 2:45 - Library
- 1:00 Wellness Checks w/Res. Nurse until 2p
- 1:00 Visually Impaired Support Group - 3rd Fl Lounge
- 1:00 Shuffleboard - Courtyard
- 1:30 Pilates with Dee Video - Channel 732
- 2:00 Card Game - Cafe
- 2:30 Birthday & Anniversary Celebration - Chapel
- 6:30 Village Movie - Chapel
- 6:30 Canasta - 5th Floor Lounge

### Saturday, March 16, 2024

- 9:30 Stretch with Dee Video - Channel 732
- 10:00 Fun Chorus Practice - Chapel
- 1:00 Village Movie Matinee - Chapel
- 1:30 Pilates with Dee Video - Channel 732
- 3:00 Chair Volleyball - Wellness Studio
- 3:00 Dunedin Concert Band & Clarinet Choir - Chapel
- 6:30 Village Movie - Chapel

## OUR MISSION:

To enrich the lives of the Residents we serve by creating an environment that fulfills their every need—body, mind and spirit.

### Midweek Movie: The Guernsey Literary Potato Peel Pie Society

The Midweek movie for Wednesday, Mar. 13 will be The Guernsey Literary Potato Peel Pie Society with Jessica Brown Findlay, Tom Courtenay, Michiel Huisman, and Lily James. In the aftermath of World War II, a famous writer forms an unexpected bond with the residents of Guernsey Island when she decides to write a book about her experiences during the war. This movie is from 2018, not rated and is 2 hours and 4 minutes long.

### Village Movie: Falling in Love

Fri. 03/15 Sat. 03/16 Sun. 03/17 6:30 p.m. Chapel  
Sat. Matinee 03/16 1:00 p.m. Chapel  
Director: Ulu Grosbard

Cast: Meryl Streep, Robert Di Niro, Harvey Keitel, Jane Kaczmarek. Commuting to Manhattan on the same train, two married strangers (Robert Di Niro, Meryl Streep) meet by accident and have an affair. This movie is rated PG-13 and is 1 hour and 47 minutes long.



## Upcoming Events

**Mar. 12 Nature Group - bus leaves 9:30a**

**Mar. 13 The White Heron Tea House -  
bus leaves at 11:15a**

**Mar. 15 Irish Cafe - 11:30a**

**Mar. 22 Farmer's Market/Chili Cook-off**

**Apr. 3 Tampa Bay Downs - bus leaves at 11a**

**Apr. 6 Annual Suncoast Hospice Fashion Show**

**Apr. 11 Early Bird Dinner Theater -  
bus leaves at 10:40a**



## Race to the Summit

Come to the Chapel on Monday, Mar. 11 to see Race to the Summit. Fearless alpine climbers Ueli Steck and Dani Arnold enter into a death-defying rivalry to set speed records on the Swiss Alps' great north faces. This movie is from 2023 and is 1 hour and 30 minutes long.

## Early Bird Dinner Theatre

There is still time to sign up for this buffet dinner and show on Thursday, Apr. 11 for the cost of \$55.00 per person. The bus leaves at 10:40 a.m. The show is The Underpants and the last day to sign up is March 14. If interested, please let Ellen know by calling ext. 1743.

## Readers Theater

Fun Acting! Wanted: anyone who would like to act but not have to memorize lines for a Readers Group. This Readers group would perform short comedy skits. This group will meet 1x a month in the Hobby Room at 11:30 a.m. The first meeting of this group will be Thursday, Mar. 14.

## Irish Cafe

Erin Go Bragh! Come celebrate St. Patrick's Day at the Irish Cafe on Friday, Mar. 15 from 11:30 a.m. until 1:30 p.m.

## Chili Cook-off/Farmer's Market

The Courtyard will be transformed into a delightful marketplace at the Chili Cook-off & Farmer's Market scheduled for Friday, Mar. 22 from 11:00 a.m. until 1:30 p.m. with a Western theme. Does your floor have what it takes to win the chili cook-off? A DJ from Fast Break Entertainment will be here. There will be 6 chilis to sample and tastings start at 11:00 a.m. and voting begins at noon. There will be a prize awarded for the best chili. The Farmer's Market will feature a variety of fresh fruits and vegetables, delicious baked breads, cookies, and fresh eggs. We are currently in need of bakers to donate goods and to man the Bake Table at the Market along with 15-20 sellers. Please call Ellen ext. 1743 if you would like to lend a helping hand.



## Upcoming FEAST Spring Food Drive

Our spring food drive to benefit FEAST food pantry will run from Monday, Mar. 18 until Monday, Apr. 1. Items most needed are peanut butter, jelly, canned soup, cereal, canned meat, canned pasta, dried pasta and pasta sauce. Any non-perishable food items in boxes, cans or plastic jars will be accepted. No glass containers please. Additionally, personal care items, such as toilet paper, paper towels, toothpaste, shampoo and other hygiene products, as well as laundry detergent are also needed. Items can be deposited in the boxes provided in the Hobby Room. If it is more convenient for you, monetary gifts can be made that will be used by FEAST to purchase needed items. Donations, or checks made payable to FEAST should be turned into the Administration Office no later than Monday, Apr. 1.

## Weekly Quote.....

***"Learn to see the world in a different and better way!".....***



**WE ARE CURRENTLY ACCEPTING RESIDENT REFERRALS.**

When you refer a friend, and they move in to the community, you will receive a credit of \$1,000!

Help us build the best community we can, and save money in the process.

Call sales at ext. 1750 for more details and to make your referral.

